



NEW LIFE FAMILY  
Chiropractic

Dr. Christina Petersen 132 Park Avenue New City, NY 10956 (845)517-0520

*Welcome!*

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Cell Phone Carrier for Texting: \_\_\_\_\_

Referred by: \_\_\_\_\_

Primary care doctor: \_\_\_\_\_

Occupation: \_\_\_\_\_ Your employer's name: \_\_\_\_\_

Relationship status: \_\_\_\_\_

Significant other's name: \_\_\_\_\_

Significant other's occupation: \_\_\_\_\_

Children's name and ages: \_\_\_\_\_

## Health

Health concerns: \_\_\_\_\_

Have you had the same or similar concerns in the past? \_\_\_\_\_

Parents/siblings and children with similar concerns? \_\_\_\_\_

Is this the result of an auto or work injury? \_\_\_\_\_

Date of accident or injury: \_\_\_\_\_

What other forms of treatment have you tried? \_\_\_\_\_

Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Supplements: \_\_\_\_\_

Are you pregnant? Yes / No

Have you ever been diagnosed with cancer? \_\_\_\_\_



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## Lifestyle

Describe your diet: \_\_\_\_\_

Do you drink adequate water during the day? \_\_\_\_\_

Are you exposed to toxins on a regular basis? \_\_\_\_\_

Personal care products \* candles fumes \* cleaning products \* plastics

How would you describe your stress level: \_\_\_\_\_

Describe daily/weekly physical activity level: \_\_\_\_\_

Describe your exercise routine: \_\_\_\_\_

How many hours a night do you sleep? \_\_\_\_\_

Which of the following statements best describes your expectations of chiropractic care? Please check all that apply.

\_\_\_\_ Relief of symptom or problem only      \_\_\_\_ Relief and prevention of symptom or problem

\_\_\_\_ Healthier spine and nerve system      \_\_\_\_ Optimal health on all levels

List your hobbies and interest: \_\_\_\_\_

\_\_\_\_\_

Additional information you would like to share with Dr. Chrissy: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Insurance

Do you expect your health insurance to pay or contribute to your care? yes/no

Name of insurance carrier: \_\_\_\_\_

*Healing starts here!*